



Xavier Prep Crew

Float Test

Every participant must successfully pass a float test prior to the first water session of a rowing class.

In deep water, while wearing shorts and a long sleeve shirt, you must float, tread water or swim in place for ten minutes. A float test is valid for three years.

This test can be satisfied with a current WSI, Advanced Lifesaving, Dive Card or completion of the form below. Please bring a copy of the relevant card or this completed form on your first day of class.

Float tests must be taken under the supervision of a lifeguard certified by the American Red Cross. Contact your local pool or YMCA to schedule a time to take the test.

Name: _____

Address: _____

The above named individual has successfully passed a float test as required for participation in a rowing class sponsored by Xavier Prep Crew.

Pool: _____ Date: _____

Lifeguard signature: _____

For Xavier Pre Crew use only

Coach's signature: _____

Viewed water safety video on: _____